





## **Smarter diabetes** management at no cost to you



Now there's a personalized way to help manage diabetes. Get the tools and support to track blood sugar levels and develop healthier lifestyle habits.

## **Program includes:**



One-on-one coaching, action plans and tips when you need them



A connected blood alucose meter \$200 value



Unlimited strips and lancets at no cost to you



24/7 real-time support for out-of-range readings

## **Get started**

Text "GO BMCD" to 85240 to learn more and join You can also join by visiting Join.Livongo.com/BMCD/Register or call 800-945-4355 and use registration code: BMCD

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-945-4355 o visite Hola. Livongo.com/BMCD

The program is offered at no cost to employees and covered dependents with diabetes and coverage through the medical plan offered by Burns & McDonnell.

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