



Diabetes management, your way

Get an advanced blood glucose meter and as many strips and lancets as you need, paid for by your plan sponsor—all at no cost to you.



Personalized tips with each blood sugar check



Real-time support when you're out of range



Strip re-ordering right from your meter



Optional alerts to keep contacts in the loop



Send a Health Summary Report directly from your meter



Automatic uploads mean no more paper logbooks

Get started

Text **"GO BMCD"** to 85240 to learn more and join

You can also join by visiting Join.Livongo.com/BMCD/register

or call **800-945-4355** and use registration code: **BMCD**

Program includes trends and support on your secure Livongo account and mobile app but does not include a phone, tablet or smartwatch. Those who are pregnant, have diabetes or have a BMI that's lower than the program minimum may not qualify for the Livongo program.

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-945-4355 o visite bienvenido.livongo.com/BMCD

The program is offered at no cost to employees and covered dependents with diabetes and coverage through the medical plan offered by Burns & McDonnell.