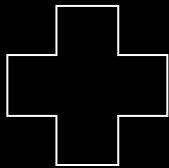


Burns & McDonnell  
Nurse Advocates:

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YOUR HEALTH MATTERS.

## *Nurse Advocate Program*

### Introducing:

A Nurse Advocate Program dedicated to supporting the health of Burns & McDonnell employee-owners and spouses enrolled in the Burns & McDonnell medical plan.

### Why:

Burns & McDonnell believes that every person matters, so we want every person to be at their healthiest!

### Who/what/how:

- Spouses and non-KC employee-owners who screened at risk for metabolic syndrome
- Members who accept coaching through the Vitality Portal
- Spouses and non-KC employee-owners not identified at risk for metabolic syndrome but have claims risk
- KC employee-owners who did not screen but have claims risk
- Those who participate can earn 300 Vitality points per call every 75 days for a max of 1200 points.

**All employee-owners, spouses, and dependents ages 18+ enrolled in the medical plan have access to the Nurse Advocate.**

Your Nurse Advocate will:

- Introduce the program.
- Learn about your health and lifestyle.
- Discuss risk factors and best practice medical care.
- Help you effectively use their health insurance plan benefits.
- Inform you about company wellness activities.
- Connect you with available health resources.
- Help find healthcare providers and answer health questions.

Information shared between you and your nurse is confidential.

Lockton Nurse Advocate



Your participation is important!

Our nurse advocates are an important resource for helping you live your healthiest life. A nurse may reach out to you, and we encourage you to participate — it could be the most important decision you make.